

# HEALTH EQUITY COHORT

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*Informational webinar*

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March 27, 2024



# HEALTH EQUITY COHORT OVERVIEW

## Introduction to the Cohort

- Aimed at fostering collaboration for regional health and well-being
- Inform CHOICE regional health equity improvement plan
- Inform future investments

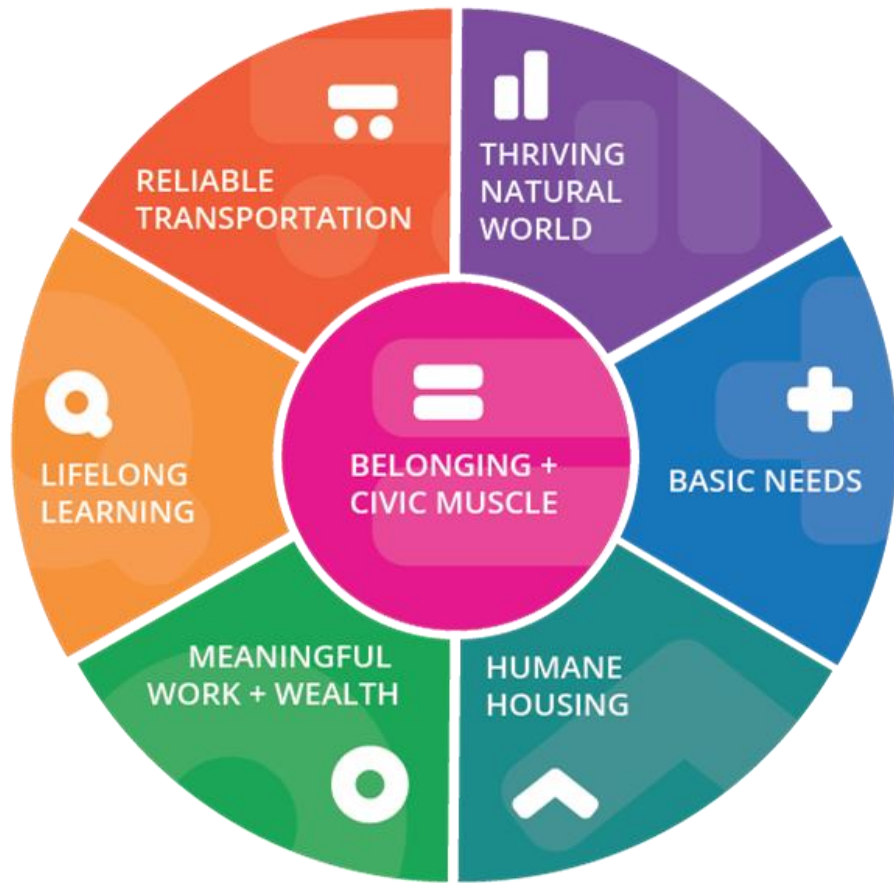
## Duration and activities

- Seven-month journey of listening, learning, and connecting
- Monthly remote and in-person meetings and focus area workgroups

## Outcome

- Creation of CHOICE regional health equity improvement plan that is responsive to evolving community needs, supporting future funding and systems transformation efforts

# THE VITAL CONDITIONS FRAMEWORK



## THRIVING NATURAL WORLD

***Sustainable resources, contact with nature, freedom from hazards***

Clean air, water, soil; healthy ecosystems able to sustainably provide necessary resources; accessible natural spaces; freedom from the extreme heat, flooding, wind, radiation, earthquakes, pathogens



## BASIC NEEDS FOR HEALTH + SAFETY

***Basic requirements for health and safety***

Nutritious food, safe drinking water; fresh air; sufficient sleep; routine physical activity; safe, satisfying sexuality and reproduction; freedom from trauma, violence, addiction and crime; routine care for physical and behavioral health



## HUMANE HOUSING

***Humane, consistent housing***

Adequate space per person; safe structures; affordable costs; diverse neighborhoods (without gentrification, segregation, concentrated poverty); close to work, school, food, recreation, and nature



## MEANINGFUL WORK + WEALTH

***Rewarding work, careers, and standards of living***

Job training/retraining; good-paying and fulfilling jobs; family and community wealth; savings and limited debt



## LIFELONG LEARNING

***Continuous learning, education, and literacy***

Continuous development of cognitive, social, emotional abilities; early childhood experiences; elementary, high school, and higher education; career and adult education



## RELIABLE TRANSPORTATION

***Reliable, safe, and accessible transportation***

Close to work, school, food, leisure; safe transport; active transport; efficient energy use; few environmental hazards



## BELONGING + CIVIC MUSCLE

***Sense of belonging and power to shape a common world***

Social support; civic association; freedom from stigma, discrimination, oppression; support for civil rights, human rights; civic agency; collective efficacy; vibrant arts, culture, and spiritual life; equitable access to information; many opportunities for civic engagement (voting, volunteering, public work)

<https://rippel.org/vital-conditions/>

# FUNDING + ELIGIBILITY

## FUNDING

- \$35,000 per awardee
- 10 awardees
- \$20,000 paid at the time of MOU execution, \$15,000 paid at the end of the cohort period
- 7-month participation period

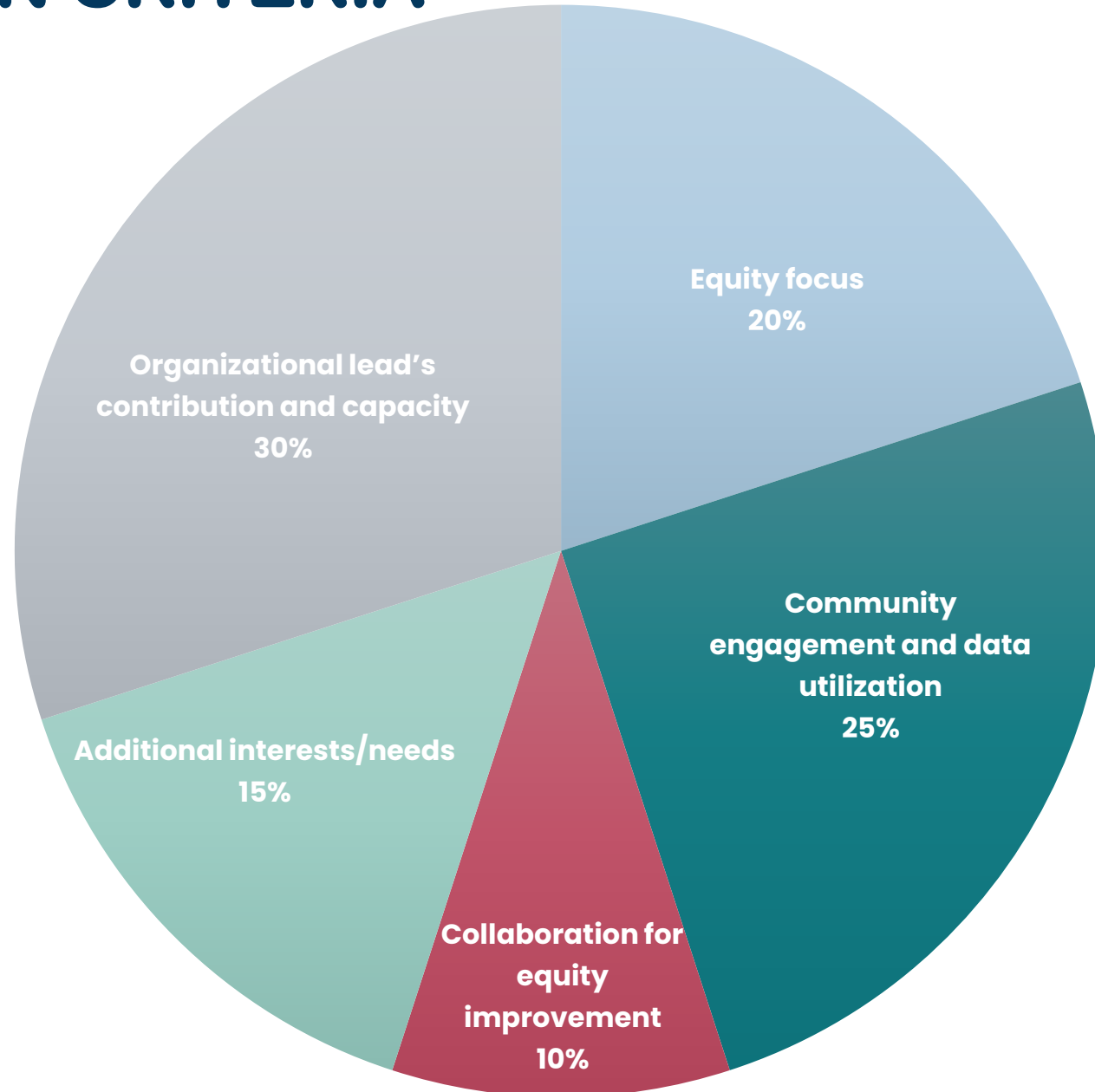
## EXAMPLES OF SECTORS + ORGANIZATIONS INVITED TO APPLY

- Healthcare, social work, tech, transport, education, research, workforce, racial/social justice.
- Community groups, businesses, government, advocacy, faith-based, cultural.

## APPLICANT CRITERIA

- Committed to health equity
- Excited about collaboration and learning
- Operating within the CHOICE service area

# EVALUATION CRITERIA



# TIME COMMITMENT + COHORT SCHEDULE



## Cohort kick-off

- June 5
- In-person session
- Location TBD



## Meeting cadence

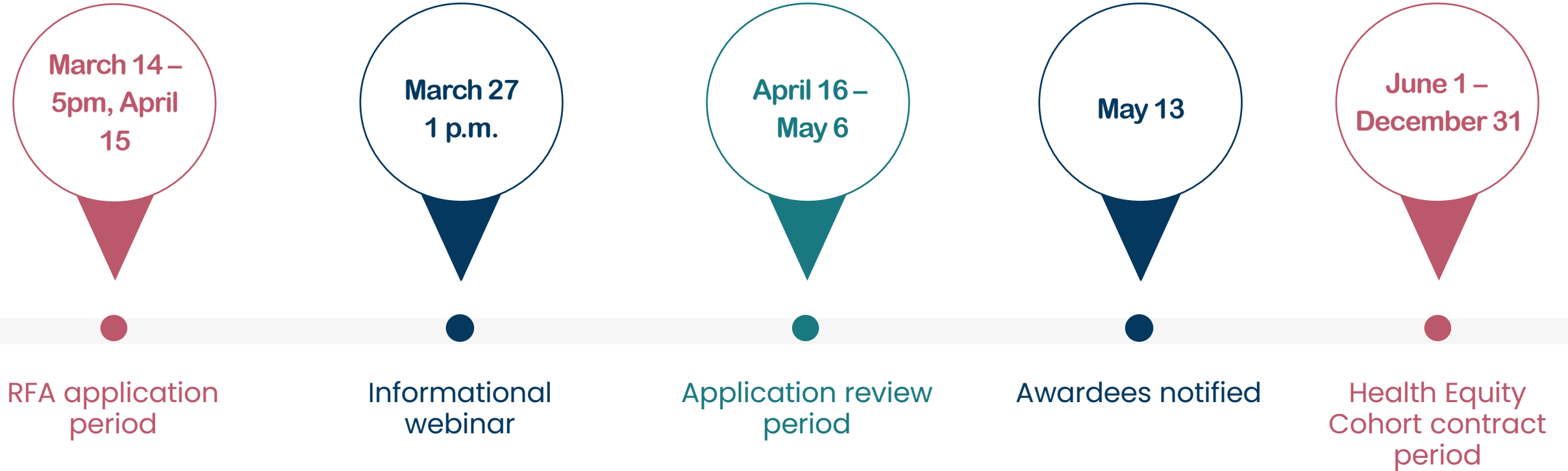
- Cohort meets first Tuesday of every month
- Monthly focus area workgroup sessions
- Blend of in-person + remote



## Time commitment

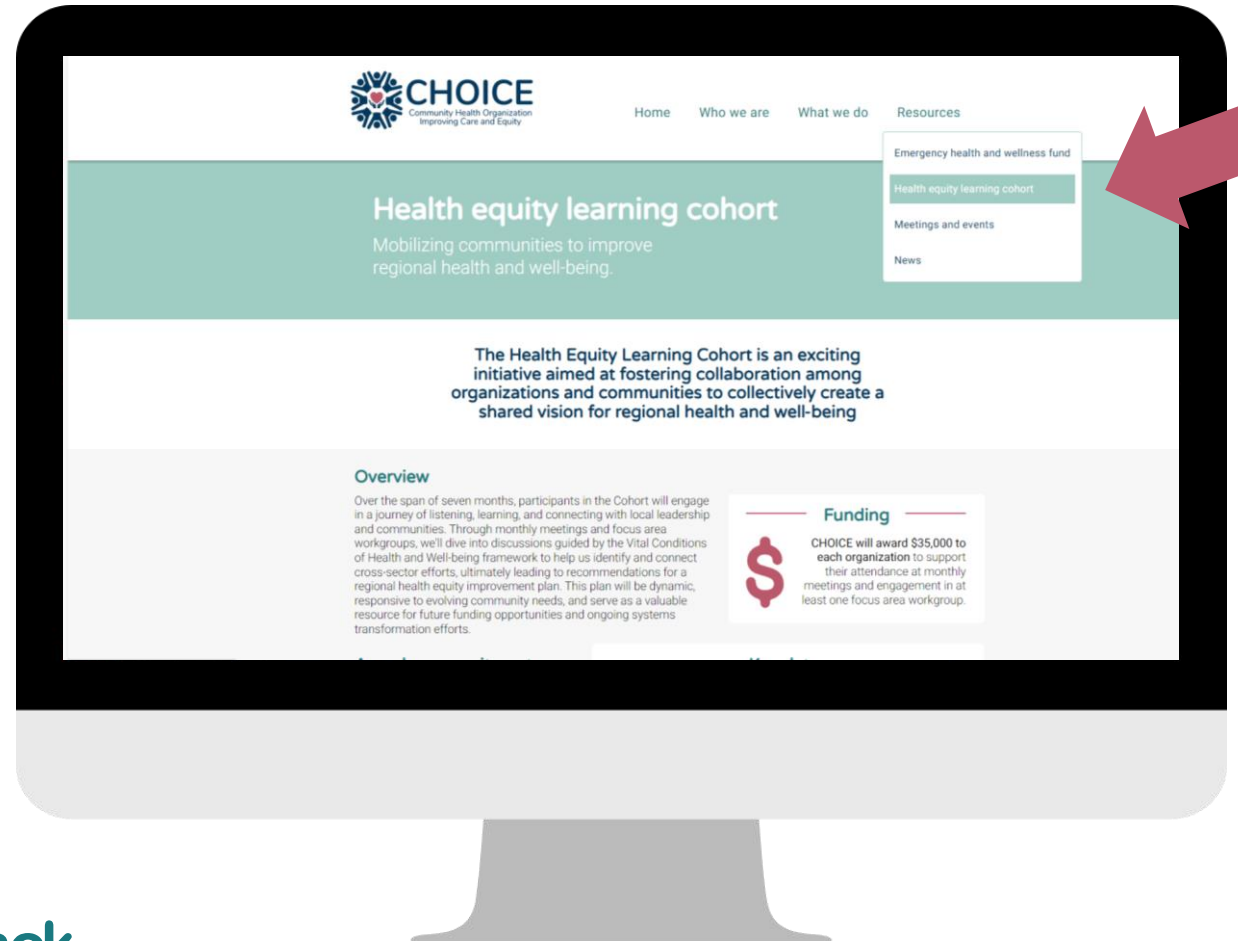
- 4 – 5 hours a month, excluding travel
- Contribution to agreed-upon tasks between meetings

# REQUEST FOR APPLICATIONS: KEY DATES



# INFORMATION + FEEDBACK

Health Equity Cohort RFA information,  
important dates, and application:  
[www.crhnweb.org/health-equity-cohort](http://www.crhnweb.org/health-equity-cohort)



Questions, ideas, or feedback  
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QUESTIONS?